



# Diploma in Supervision

Starts December 2023

A dynamic supervision course for practitioners looking to develop, deepen and broaden their supervision practice. With places on the course limited to a small group, our two trainers co-training together, ensure attendees get the very best theoretical and experiential training in supervision.

The **Supervision Central Diploma in Supervision** is a 10 day programme aligned with BACP and UKCP standards for supervision training. With a tried and tested blend of academic theory and practical experience, the course will give you the skills and knowledge you need to become a clinical supervisor.

- Part-time course taking place over 2 long and 2 short weekends during the year
- We train in small groups ensuring all attendees have space to fully participate
- Takes place online - no restriction of location
- A robust training experience with two trainers who co-teach together
- Inclusive environment where students are encouraged to come as they are

The course is made up of 4 modules comprising 2 long weekends (Fri - Sun) and 2 short weekends (Sat - Sun). As it takes place online - there is no requirement to travel.

We are proud of the fact that the Diploma in Supervision is unique in having two trainers working together throughout. Bev and Ronen use their extensive experience to deliver an insightful and dynamic course.

For counsellors, practitioners, psychotherapists, social workers, community workers or working in, or managing, any other profession linked to mental health.



## About The Course

The course is rooted in humanistic philosophy and on co-creative principles:

- We-ness
- Present centred relating
- Shared responsibility
- Non-defensiveness about our defences\*

We deliver a robust training experience that is unique in being the only Supervision course that is co-taught. We offer an inclusive environment where you are encouraged to “come as your are” and celebrate difference and diversity.

## Two trainers' Expertise

Co-teaching is a central element to the course. The learning encounter we offer emphasises mutual responsiveness and transformation. We are social beings and as such, we fundamentally need an-other in order to grow and learn. In these relational encounters, we experience the disturbance of the other’s difference, which presents challenge and great potential for expansion and vitality.

## Learning Outcomes

This course will enable you to:

- Understand, critique and synthesise operational and developmental models of supervision
- Crystallise your identity as a supervisor and your philosophy of supervision
- Work with potency, creativity and vitality
- Experience of working within individual and group settings - using the skills practice opportunities.

\*Summers, 2020

## Our Trainers

### Ronen Stilman TSTA(P)

Ronen has a psychotherapy and supervision private practice in Edinburgh. In addition he is a core tutor at Physis Scotland.



### Bev Gibbons TSTA(P)

Bev has many years of experience of counselling, psychotherapy and training within the not for profit sector. Bev offers therapy, clinical and non-clinical supervision and training in her private practice in North Yorkshire.



Both Ronen and Bev are registered in the UK (UKATA UKCP) and internationally (EATA and ITAA) as trainers and supervisors. They have many years experience in supporting, developing and training supervisors.





## Course Content

### Module 1: Coming Together

- Contact, forming and creating a safe space
- Contracting framework theory and practice
- Exploring the Landscape of operational models of supervision
- Meta perspective and reflexivity
- Ethical practice and safeguarding
- Putting theory to practice

### Module 2: Anchoring Identity

- Exploring the Landscape of developmental models of supervision
- Identity and role theory
- Emerging identity and philosophy of supervision
- Creativity, vitality and intuition
- Deepening skills practice – challenge, risk and pitfalls

### Module 3: Systemic Context

- Theory and practice of group supervision
- Intersectionality, oppression and power
- individual vs. Group encounter in supervision
- Group skills practice

### Module 4: Synthesis

- Revisiting co creativity
- Trainee led focus
- Consolidating identity and philosophy of supervision
- Giving and receiving feedback
- Endings – theory and process

## Course Structure

Our teaching style combines short didactic pieces of theory along with experiential exercises to stimulate the unconscious and creative process using symbolism and imagery. We also offer space for small group and large group discussion and process and plenty of observed skills practice with constructive feedback

The training can be used towards meeting the criteria for accreditation in the UK. E.g. BACP accredited Supervisor, or PTSTA which is recognised by UKCP & UKATA, and internationally by EATA and ITAA.

## Dates and Fees

Fees for the course for the full academic year are £1650. Fees can be paid in full prior to the course or via instalments with a non-refundable deposit.

The dates for 2023/24 are as follows:

**Weekend 1:** 1 - 3 December 2023

**Weekend 2:** 19 - 21 January 2024

**Weekend 3:** 16 & 17 March 2024

**Weekend 4:** 18 & 19 May 2024



## Assessment

Students will be assessed on their skills and knowledge of supervision via:

- Observed practice skills during training weekends
- A written assignment (3000 words) on your Philosophy of supervision
- A written Case study (3000 words) and 5 mins transcript
- 30 hours of supervision practice\*

## How to Apply

Applicants should be a minimum of 2 years post-qualification and have undertaken at least 500 hours of client hours.

To apply, please complete the electronic application form (use the QR code below or the button on the course page on the website).

We also require 2 references - one of which must be from your current supervisor.

Once we have received your application, we will approach your referees and confirm offers of a place on the course in writing.



## Contact us

The Diploma in Supervision is arranged in partnership with Northside Training.

If you need further information about the course, please contact us on:

0113 2583399

[info@northsidetraining.co.uk](mailto:info@northsidetraining.co.uk)

or via our website

[www.northsidetraining.co.uk](http://www.northsidetraining.co.uk)



\*For every 6 hours of supervision practice you will be required to undertake 1 hour of supervised supervision with a BACP accredited, UKCP registered or equivalent, supervisor