

Transactional Analysis Couples+ Online Reading Group



Facilitated by Brad McLean

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Join a small, thoughtful reading group for Transactional Analysts, psychotherapists, counsellors and coaches interested in deepening their work with couples and other relationship systems, including relationship diverse configurations.

Over eight monthly 1.5-hour sessions, we'll explore Transactional Analysis papers on relationship therapy alongside other texts from the wider couples and psychoanalytic relationship literature. Each meeting will focus on thinking, perspective-taking and the contextual clinical application of ideas – what fits, what doesn't, and how particular papers and concepts shape our own practice with couples+.

- 8 x monthly online sessions (1.5 hours each)
- Max 15 participants for a lively but contained discussion space
- £55 per session
- Option to continue beyond the initial eight sessions as a closed or open group, based on a collaboratively agreed group contract
- The session will be held on Tuesdays or Wednesdays at 10-30am UK time

To register your interest contact Jane at Northside and for questions about the group itself email:
bmctherapy@protonmail.com



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